

# DCE Gluten Free Menu

# FEBRUARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 Beef Patty French Fries Green Beans Fresh Fruit Choice of Milk	2 GF Pizza Tossed Salad Pears Choice of Milk	3 PBJ on GF Bread Baby Carrots Frozen Juice Bar Choice of Milk
6 GF Chicken Nuggets Winter Blend Veggeis Fresh Fruit Choice of Milk	7 GF Pizza Bake Fresh Veggies & Dip Pears Choice of Milk	8 Cheese Omelet Yogurt Cup Fruit Juice Applesauce Choice of Milk	9 GF Pizza Tossed Salad Peaches Choice of Milk	10 No Elementary  Secondary- GF Pizza Tossed Salad Fresh Fruit Choice of Milk
13 Hamburger Rice Casserole California Blend Veggies Pears Choice of Milk	14 GF Chef Salad Frito Corn Chips Mixed Fruit Choice of Milk	15 GF Meat Sauce & Pasta Whole Kernel Corn Fresh Fruit Choice of Milk	16 GF Mac & Cheese Fresh Veggies & Dip Applesauce Choice of Milk	17 GF Pizza Tossed Salad Peaches Choice of Milk
20 GF Tacos Whole Kernel Corn Pears Choice of Milk	21 Roast Chicken Crunchy Carrots Frozen Juice Bar Choice of Milk	22 GF Pizza Tossed Salad Fresh Fruit Choice of Milk	23 Hamburger Rice Casserole Broccoli Cuts Peaches Choice of Milk	24 Fresh Fruit Plate/Yogurt & Cheese Stick Tri-tator Applesauce Choice of Milk
27 Gf Chicken Nuggets Tossed Salad Peaches Choice of Milk	28 GF Chili Fresh Veggies & Dip Pears Choice of Milk	29 GF Nachos Grande Green Peas & Carrots Fresh Fruit Choice of Milk		

